

Mormon Stories/Transition Retreat Agenda

Friday	Main Room
6pm-10pm	Introductions
Saturday	
8am-9am	Breakfast
9am-10:30am	Understanding religious transition (John & Gina)
10:30am-11am	Break
11am-12:00pm	Filling the holes left by a religious transition (John & Gina)
12pm-1pm	Lunch. Group photos.
1pm - 3pm	Group Activity
3 - 4:30pm	Emotional Intimacy (John) - men Fearlessness and Compassion (Gina) - women
4:30-5pm	Break
5pm-6pm	Free time
6pm - 8pm	Dinner
8pm-????	Karaoke
Sunday	
8am-9am	Breakfast/Sunday Morning Communion (Gina)
9am-10:30am	Communicating with Believing Family/Friends (John) Gentling the Mormon Self (Gina)
10:30am-11am	Break
11am-12pm	Spiritual Health (Gina)

12pm - 1:30pm	Lunch
1:30pm – 3pm	Mental Health (John)
3:30-4:00	Break
4:00-5:00	Retreat Reflections

<https://www.collaroycentre.org.au/centre-map/?location=abseiling>